



Habit 1: *Flip the Script*

If you want to change your life,
start by changing your story.

Questions for Reflection

1. What is one thing that stood out to you from this week's message?
2. In what ways do you feel like your life's story has panned out differently than the way you originally thought that it would? What goals do you feel are now out of reach due to the path your life has taken?
3. Can you think of a time when God flipped the script in your life, changed your story, and you didn't even realize the change until you looked back? What did it look like to have God change your story?
4. We are all guilty of living in the past from time to time, but this can often hold us back—can you think of an example of a way that you are keeping your thoughts, and as a result your actions, in the past? How are your past struggles, even though they've been resolved, holding you back from your future goals?
5. Letting go of the defeated mindset is the best way to change our story and start living with a “flip the script” mentality. In what ways can you improve your mindset to no longer dwell on the negative things happening to you, and instead live victoriously for what God has ahead of you? Are you able to recognize the thoughts that are holding you back from doing that?

Daily Prayer

Author of Life, at your altar I bury my dead yesterdays, laying aside the negative stories that are only full of lies and whose only goal is holding me down, holding me back. Remind me once again of the gifts you've given me. Whisper your name for me in my ear so that I might remember who I am and whose I am. And then rejoice with me as I flip the script and write a new story. Together, Lord, let's win the day. Amen.

Daily Readings for This Week

Every day through honest reflection, scripture reading and prayer we will discover the broader story of God's Word. Together let's go deeper into God's Word this week.

- Monday ... Hebrews 11:1-3
- Tuesday ... Hebrews 11:23-40
- Wednesday ... Numbers 6:22-27
- Thursday ... 2 Corinthians 5:16-21
- Friday ... Ephesians 2:1-10
- Saturday ... Romans 8:31-39

Focus Scripture for Next Sunday

Mark 4:35-41

Notes