

*Yesterday is history. Tomorrow is a mystery.*

# WIN THE DAY



Avondale United Methodist Church | September 28, 2025

## GATHERING

Gathering Music

Amazing Grace

Debbie Allen

Gathering

\* Call to Worship

\* Song of Faith

Stand by Me

UMH 512

## ENGAGING

The Brown Bag Mystery Tour

R<sup>2</sup> & The AUMC Young Ones

*Children and youth of all ages and stages are welcome to come to the front of the sanctuary to hang out with Rev. Rebecca as we discover the surprise awaiting us in the Brown Bag.*

Scripture

Psalm 9:9-18 | 2 Corinthians 6:1-13

Act of Praise

I Love You, Lord

Debbie Allen

Message

Win the Day: Kiss the Wave

## THANKSGIVING

Call to Prayer

What a Friend We Have in Jesus

UMH 526

Prayers of the People

The Lord's Prayer

UMH 895

Celebrating Generosity

*One of the ways we give thanks to God at Avondale UMC is by meeting God's generosity with our own. The Connection Card in the bulletin is a tool for offering to God our acts of discipleship throughout the previous week. It's also a place to share with the pastor any prayer requests. As the offering plate comes your way, we encourage you to connect with your nearest neighbors.*

Musical Offering

Savior, Like a Shepherd Lead Us

Debbie Allen



\* Doxology

Praise God from Whom All Blessings Flow

UMH 94

\* Prayer of Dedication

### SENDING

\* Next Steps

These upcoming opportunities are a chance to take next steps in our faith, growing deeper in God, and carrying this week's message into the world. Be sure to mark your calendars and invite others to join us.

\* Song of Faith

Come, Let Us Dream

\* Blessing

Parting Music

Come, Let Us Dream

## WORSHIP PARTICIPANTS

Pastor: Rev. Rebecca Dunger Peak

Ministers: The People

Music Director: Kevin Hershberger

Worship Leader: Johannah DeSchepper

Guest Musician: Debbie Allen, clarinet

Tech Team: Brent Henry

Candle Lighters: Our Youth



## AVONDALE UNITED METHODIST CHURCH

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Rev. Rebecca Dunger Peak

Kevin Hershberger

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To connect with us on Slack for general church chats and/or the Prayer Chain  
send a request to Brent at [avondaleumctech@gmail.com](mailto:avondaleumctech@gmail.com)

**A**s United Methodists, we believe in open hearts, open minds, and open doors. The congregation of Avondale United Methodist Church in Kansas City, Missouri, is open to all of God's children. We welcome, include, fully affirm, and celebrate the lives of all people. People of all physical and mental ability, race, ethnicity, age gender, gender identity, gender expressions, family structure, marital status, socio-economic class, faith history, and sexual orientation are welcome, affirmed, and loved here. We believe that all individuals are created by love in God's image. As a Reconciling Ministry Church, we strive to create a safe space and a community that enriches the life of each person. We embrace our diversity and invite all to be a vital part of our church family and ministry.

~ Adopted November 2019



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## Habit 2: **Kiss the Wave**

The obstacle is not the enemy; the obstacle is the way.

Batterson, Mark. *Win the Day: 7 Daily Habits to Help You Stress Less & Accomplish More.* (Colorado Springs: Multnomah, 2020) 37.

## Questions for Reflection

1. What is one thing that stood out to you from this week's message?
2. Can you think of a past painful experience or season that you went through that was difficult to overcome, yet you found growth through it?
3. How has your painful seasons helped you relate more towards those who you meet going through the same thing you suffered through? Are you able to find more empathy in their experience?
4. In what ways has past pain conditioned you to have unhealthy habits? How have you felt yourself being held captive by that experience?
5. What are some healthy habits that you think you could use to replace the unhealthy habits that have developed into coping mechanisms and defense mechanisms? How can you replace the toxins with beneficial growth?

## Application Point

Learn to kiss the wave that throws you against the rock of ages. By doing so you will find strength through life's storms.

## Daily Prayer

Rock of Ages, you are well-acquainted with the obstacles I have faced throughout my life. I confess there are times when I've allowed those obstacles to overtake me. Sometimes it's a challenge to bury those dead yesterdays. Strengthen me, Great Encourager, to use these obstacles, the bad things that have happened to me, to my advantage. Rather than being the source of my downfall, may they become the leverage I need to kiss the wave that leads me closer to you. Together, Lord, let's win the day. Amen.

## Daily Readings for This Week

Every day through scripture reading and prayer we will discover the broader story of God's Word. Together let's go deeper into God's Word this week.

Monday ... 1 Thessalonians 4:13-18  
Tuesday ... John 5:1-18  
Wednesday ... Matthew 5:43-48  
Thursday ... Luke 27-31  
Friday ... Matthew 5:38-42  
Saturday ... Lamentations 3:22-24

## Focus Scripture for Next Sunday

Colossians 3:9-10 | Proverbs 28:13

## Notes

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